

VICTORY TAEKWONDO

Graduation Application for Bo-Dan Belt to Midterm Stripe #1 Belt

Name: _____

Class (circle one): Little Eagle

Children

Adult

Graduation Time _____

Graduation Date _____

Attendance Rating	
Class Assistant	

The test fee is non-refundable, I must agree to abide by the judge's decision in awarding or withholding promotion. I understand that failure to follow school rules or remain a member in good standing may result in revocation of belt rank.

Initial: _____

Test Fee: \$250 due 2 days before test

Payment goes towards Black Belt Test

Additional: \$10 Late Fee if after deadline

Make-up Testing: \$260

Date Paid	Employee	Method of payment	Testing Fee

Curriculum	A	B	C	D	Notes
Taekuek 7/8					
10 Basic Motions 7 & 8					
Sparring					
Basic Kicking					
Ki Hap					
Confidence					
Questions					
Breaking					

PHYSICAL TEST:

Sit Up: _____
 Push Up: _____
 Flexibility: _____

Progress Meeting: _____

Master/Examiner: _____

Pass/Retest



www.kickkim.com

Form Due At Least TWO Days Before Testing

Graduation Application for Bo-Dan Belt to Midterm Stripe #1 Belt

Name: _____

Age: _____

As part of the testing procedure you must complete a one (1) page essay. The essay should be typed on a separate sheet of paper and stapled to the upper left hand corner. The essay should be handed in by the testing deadline. Please make sure to include your name, current belt level, and age on the top of the essay.

Essay Questions:

1. What does it mean to have an indomitable spirit?
2. How does having an indomitable spirit help you in your everyday life as well as in your TaeKwonDo training?
3. How has TaeKwonDo helped you develop an indomitable spirit?

Please rate the following questions from very little (1) to quite a lot (5)

How much of a positive influence has TKD had on your life?	1	2	3	4	5
How much has TKD helped you outside of TKD class?	1	2	3	4	5
How much do you think TKD has made you a better person?	1	2	3	4	5

Please rate the following questions from not often at all (1) to all the time (5)

How often do you do acts of kindness for others?	1	2	3	4	5
How often do you take time for yourself?	1	2	3	4	5
How often do you practice TKD outside of TKD class?	1	2	3	4	5
How often do you eat healthy meals?	1	2	3	4	5

Please answer the following:

How many glasses of water do you drink per day?	
How many servings of fruit do you eat per day?	Vegetables?
How many hours of exercise do you do per week?	
How many hours of community service do you do per month?	

How many pages have you read since your last test? +2000 or -2000