

# VICTORY TAEKWONDO

## Graduation Application for 3rd Dan Testing for Stripe

- #1 Stripe  
  #2 Stripe  
  #3 Stripe  
  #4 Stripe  
 #5 Stripe  
  #6 Stripe  
  #7 Stripe  
  #8 Stripe  
  #9 Stripe  
 4th Recommended  
  #10 Stripe

Name: \_\_\_\_\_

Class: Teen / Adult

Graduation Time \_\_\_\_\_

Graduation Date \_\_\_\_\_

The test fee is non-refundable, I must agree to abide by the judge's decision in awarding or withholding promotion. I understand that failure to follow school rules or remain a member in good standing may result in revocation of belt rank.

Initial: \_\_\_\_\_

<b>Attendance Rating</b>					
<b>Class Assistant</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 25%;"></td> <td style="width: 25%;"></td> <td style="width: 25%;"></td> <td style="width: 25%;"></td> </tr> </table>				

**Test Fee: \$60** check calendar for due date

**Additional: \$10** Late Fee if after deadline

**NO MAKE UP TESTING**

	Date Paid	Employee	Testing Fee	Method of Payment

Curriculum	A	B	C	D	Notes
Taegeuk 7/8 , Koryo, Kumgang, Taebaek					
10 Basic Motions					
Sparring					
Basic Kicking					
Ki Hap					
Confidence					
Questions					
Breaking					

Physical Test:

Sit Up: \_\_\_\_\_

Push Up: \_\_\_\_\_

Flexibility: \_\_\_\_\_

Progress Meeting: \_\_\_\_\_

Master/Examiner: \_\_\_\_\_

Pass/Retest

**For due date check monthly calendar to avoid late fee**



## Graduation Application for 3rd Dan Testing for Stripe

Name: \_\_\_\_\_

Age: \_\_\_\_\_

The following questions are intended to measure your development as a student here at Victory TaeKwonDo. As you know, TaeKwonDo is not just about martial arts techniques but also improving self-discipline, respect for others, and mental well-being.

Please rate the following questions from very little (1) to quite a lot (5)

How much of a positive influence has TKD had on your life?	1	2	3	4	5
How much has TKD helped you outside of TKD class?	1	2	3	4	5
How much do you think TKD has made you a better person?	1	2	3	4	5

Please rate the following questions from not often at all (1) to all the time (5)

How often do you do acts of kindness for others?	1	2	3	4	5
How often do you take time for yourself?	1	2	3	4	5
How often do you practice TKD outside of TKD class?	1	2	3	4	5
How often do you eat healthy meals?	1	2	3	4	5

Please answer the following:

How many glasses of water do you drink per day?	
How many servings of fruit to you eat per day?	Vegetables?
How many hours of exercise do you do per week?	
How many hours of community service do you do per month?	

How many pages have you read since your last test? +2000 or -2000

**Leave reading question blank to opt-out of reading certificate**